



# Rose Street *focus*

A PUBLICATION OF THE ROSE STREET SCHOOL –  
**HEALING HEARTS AND MINDS FOR LIFE**

## Who Are We?

Rose Street is a non-profit, 501(c) 3, corporation, child and adolescent day treatment and therapeutic program provided to young people ages 6 to 17. Highly individualized care combined with academic work of the Texas Public School curriculum is provided in a safe, secure, structured setting to those experiencing emotional and behavioral problems stemming in part from drug/alcohol, sexual, physical and emotional abuse. Treatment teams for the children include psychiatrists, child psychiatrists, child neuropsychologists, licensed professional counselors, chemical dependency counselors and certified teachers

The Rose Street School is located in Wichita Falls, Texas. It was founded eleven years ago and serves the North Texas counties of Wichita, Archer, Clay, Wilbarger, Jack and Young by providing a combination of individual, group, and family therapy together with the education curriculum of the WFISD. Since its inception, over 2,000 boys and girls have benefited from a warm, caring environment where education and the process of healing emotional pain combine to help children and families in the community

## ART AUCTION FUNDRAISER – APRIL 10 – 6PM TO 8PM

Rose Street will have the first annual Wine and Cheese Art Auction fund raiser on April 10<sup>th</sup>. There will be art from the students' art therapy class available for silent auction as well as other items for purchase. The auction will be at 1800 Rose Street. The cost is a request of a donation at the door.



## Staff Spotlight

Our Staff therapist is Shannon Fletcher. Shannon has lived her whole life in North Central Texas. She received her undergrad at MSU and MA in Counseling at Dallas Baptist University in 2003. She is the mother of 3 active sons, she has been married to her husband, Ellis, for 13 years and they make their home in Henrietta. Shannon's spare time is centered around supporting the activities of her sons' baseball teams. She was drawn to Rose Street by the joy she experiences in helping children and families improve their quality of life.

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MSN,C-FNP

Shannon Fletcher,MA,LPC  
Staff Counselor

Denise Kirkpatrick  
Children's Teacher

Karen Kent, MA LPC

# Family Facts:

## **Children and Depression**

Not only adults become depressed. Children and teenagers also may have depression. Depression is defined as an illness when the depressive condition persists.

Significant depression probably exists in about 5 percent of children and adolescents in the general population. Children under stress, who experience loss, or who have attentional, learning, or conduct disorders are at a higher risk for depression.

The behavior of depressed children and teenagers differs from the behavior of depressed adults. Child and adolescent psychiatrists advise parents to be aware of signs in their youngsters such as:

- Persistent sadness;
- An inability to enjoy previously favorite activities;
- Increased activity or irritability;
- Frequent complaints of physical illnesses such as headaches and stomachaches;
- Frequent absences from school or poor performance in school;
- Persistent boredom, low energy, poor concentration;
- Major change in eating and/or sleeping patterns.

A child who used to play often with friends may now spend most of the time alone and without interests. Things that were once fun now bring little joy to the depressed child. Children and adolescents who are depressed may say they want to be dead or may talk about suicide.

Depressed adolescents may abuse alcohol or other drugs as a way to feel better.

Early diagnosis and medical treatment are essential for depressed children. For help, parents should ask their physician to refer them to a child and adolescent psychiatrist, who can diagnose and treat depression in children and teenagers.

## WISH LIST

### Art Related:

copy paper	pencils
markers	paints
art supplies	glue, string
scissors	beads, tape
colored butcher paper	
construction paper	

### Classroom:

3 TV's	DVD player
Calculators	DVD burner
Laptop computers	
Computer/educational games	

### Sports Related:

Balls	Bats
Frisbees	Volleyball net
Flag football supplies	
DVD games	Playstation games

### Gift Cards to:

Walmart	Hastings
Best Buy	

### Other Needs:

Vacuum cleaner  
Chairs for group room  
Bus or Van



## **The Rose Street School – Healing Hearts and Minds for Life**

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Wichita Falls, TX 76301  
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