

Sometimes it's startling when parents look at their children and discover, "something is wrong." Especially when they are young.

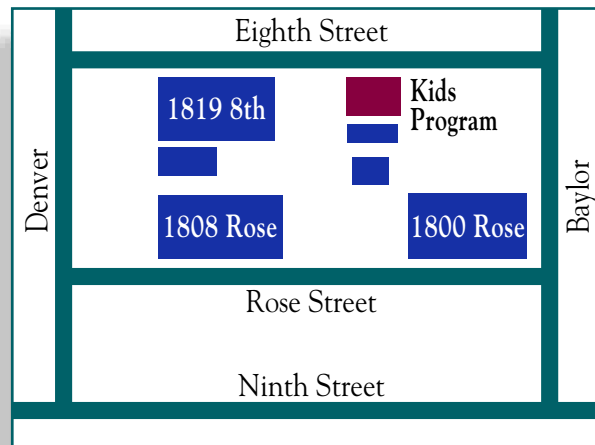
When a child runs a fever or scrapes a knee, parents know how to help. But when children struggle with emotional or behavioral difficulties, parents often feel helpless. If a child needs help coping with problems such as these, parents can find comfort in knowing there is an answer. Rose Street Kids is a program designed to meet the special needs of children between the ages of 6 and 12. Parents now have the help they need to get their kids back on the right track.

School, relationships, concerns about self-image and peer pressure can sometimes overwhelm a child. Inability to cope with the pressures of childhood may lead to depression, anxiety, school problems, poor self image or difficult relationships with parents.

It's important that parents learn to recognize the early warning signs and seek professional help. The ROSE STREET KIDS program is a Day Treatment & Therapeutic School for kids ages 6-12, which offers young people a fresh start - an effective approach to regaining self-control over their emotions and their lives.

Admission Criteria

Admission criteria is based on the American Academy of Child and Adolescent Psychiatry guidelines. Our programs are approved by most major insurance carriers, including Medicare and Medicaid.



ROSE STREET MENTAL HEALTH CARE



1800 Rose Street
(888) 723-ROSE(7673)

1808 Rose Street
(940) 723-4488

1819 8th Street
(940) 322-9456

Wichita Falls, Texas 76301

**Rose Street
KIDS**

A day program & therapeutic school

ages 6-12

Photos of children: a child reading, a child in a baseball cap, and a group of children sitting on a tree branch.

Our Program

ROSE STREET KIDS is a Day Treatment & Therapeutic School. The day treatment program is provided to young people, ages 6 to 12. Highly individualized care is provided in a safe, secure, structured setting. We work with children having a wide range of emotional problems and psychiatric diagnoses that include:

- Phobias
- Attention Deficit Hyperactivity Disorder
- Depression
- Separation Anxiety
- Family Conflict and Divorce
- Alcohol and Drug Issues
- School Avoidance
- Tic Disorders
- Nervous Habits
- Learning Disabilities
- Oppositional Defiant Disorder
- Eating Disorders
- Developmental Disorders
- Sexual Abuse Issues
- Behavioral Disorders
- Bedwetting or Soiling
- Sleep Problems

The Treatment Team Staff

Supervised by a child psychiatrist, treatment teams include child psychologists, licensed professional counselors, social workers, chemical dependency counselors, registered nurses, and certified teachers. Treatment plans focus on emotional, developmental, social, and educational aspects of childhood. In addition to highly individualized goals, our treatment programs emphasize personal responsibility. We believe in the positive possibilities of a child's future and focus on strengths rather than weaknesses. The treatment aim is the restoration of the ability to cope with the challenges of childhood in the world of family, school, and community. Each child's multi-disciplinary team meets regularly, reviewing progress and the treatment plan's effectiveness.

Evaluation

Diagnostic evaluation is supervised by a fully trained child psychiatrist certified by the American Board of Psychiatry and Neurology. The process begins with a comprehensive evaluation of problems, needs, and strengths. The child's medical, psychological, social, family and educational history are thoroughly reviewed and social and recreational skills are assessed. Neuropsychological and psychoeducational testing may also be included. These assessments are coordinated by the treatment team to develop a plan specific to each child and their family.

Program Components

Programs are based on learning behavioral modification and expression of feelings. Through participation in various group and individual activities, children learn to deal with issues that are causing conflict at home, in school, and within themselves.

Programs include:

- Therapeutic Goals Group
- Group Psychotherapy
- Team Building
- Family Therapy
- Alcohol & Drug Education
- Parent Education
- Peer Relations
- Relaxation Training
- Self-Esteem Group
- Family Leisure Skill
- Sex Education
- Therapeutic School
- Play Therapy
- Activity Therapy

Education

ROSE STREET's unique therapeutic school program is the result of a collaborative effort with ROSE STREET, Midwestern State University, and a national consulting firm, Curriculum Solutions, Inc., specializing in innovative, result-focused educational programs. Children who are having difficulty coping with behavioral or emotional problems usually have accompanying academic difficulties. As an integral part of our treatment program, each child receives an educational evaluation to identify specific learning problems. An individualized educational plan is then created to address the areas in which a student is having difficulty. ROSE STREET's unique school program includes classroom goals for developing motivation and positive attitudes toward learning. Classes are taught by certified WFISD educators. Teachers meet regularly with other treatment team members to review progress and coordinate with public school counselors and teachers to facilitate successful reentry into the child's home school. Credits earned are transferable.

Family Participation

Family participation is an extremely important part of a child's treatment. Often, families feel frustrated, angry and helpless.

Through family counseling, parents and children learn to communicate, share insights and experiences, and help

each other cope. In family therapy, children and parents are helped to accept what cannot be changed and to focus on what can be changed.

Warning Signs

If your child demonstrates any of the following warning signs, it may indicate a need for help.

- *Mood Swings*
- *Sleep Disturbance*
- *Loss of Interest*
- *Isolation, Withdrawal*
- *Secretiveness*
- *Change in Appetite and Weight*
- *Low Energy - Motivation*
- *School Decline/Failure*
- *Clinging Behavior*
- *Crying Spells*
- *Change in Dress*
- *Vague Physical Complaints*
- *Self Mutilation*
- *Change in Peer Groups*
- *Destructiveness*
- *Preoccupation with Death*
- *Anger and Rage*
- *Feelings of Hopelessness or Helplessness*
- *Nervous Habits*
- *Bedwetting or Soiling*
- *Fearfulness*

Admissions and Referral

Strict confidentiality is maintained at admission and throughout the treatment process. Referral may be through family, patient's primary care physician, psychologist, social worker or through other professional therapists, agencies or individuals from whom the patient has asked for help. When necessary, admission may be by court recommendation. Admission to the program will be determined by the attending psychiatrist.

Programs for ROSE STREET KIDS begin at 8:00 a.m. and ends at 4:00 p.m., Monday through Friday.

For more information about
ROSE STREET KIDS
Day Treatment & Therapeutic School
please call 322-9456